

conciierge

LIFE

SMART TRAVEL

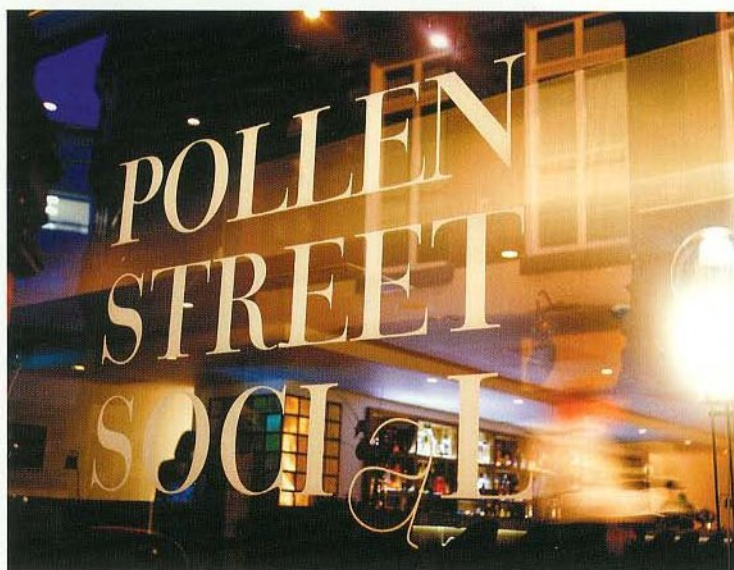
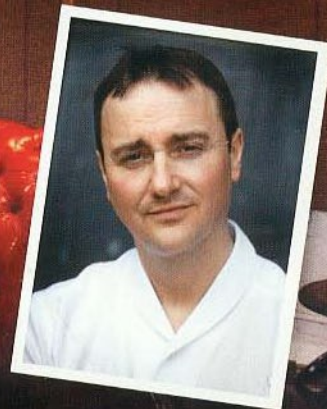
# Culinary Capitals

BRITAIN'S GOLDEN BOY IN THE KITCHEN, **JASON ATHERTON**, SHARES HIS TOP TIPS ON WHERE TO SUP, SIP AND STAY IN HIS FAVOURITE FOODIE CITIES

## NEW YORK

For a stylish evening I would head to Beauty & Essex. The restaurant's decor is really funky, with peacock feathers and tapestries, pearl chandeliers and skylights. After drinks, head to the top of the Rockefeller Center for a romantic dance with your lady or gentleman.

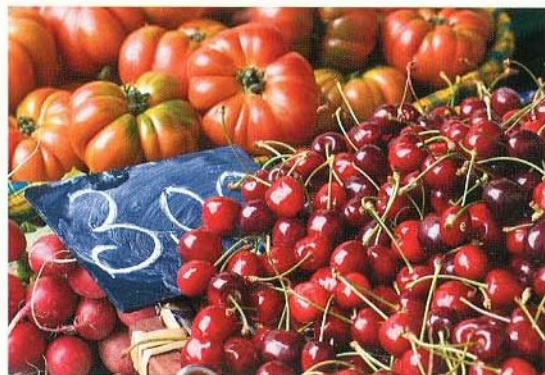
[www.beautyandessex.com](http://www.beautyandessex.com)



## LONDON

London is my hometown. You can't beat London for food, culture and diversity. For fine dining and some quality food, come to my restaurant, Pollen Street Social. One of my favourite mains is the roasted Creedy Carver duck, spiced pear gel, braised duck leg, turnip and English Ale-Gar reduction. The dish is full of flavour, both spicy and sweet, and the duck is perfectly tender. For dessert, try the PBJ – a playful twist on everyone's favourite peanut butter and jam sandwich. It includes peanut parfait, cherry yuzu sorbet and nitro peanut. [www.pollenstreetsocial.com](http://www.pollenstreetsocial.com)

**ABOVE**  
Pollen Street Social in London is Atherton's first solo venture



## BARCELONA

Make sure you check out the famed La Boqueria for amazing fresh produce. The historical market is one of the best in the world, and offers everything from meats and fish to fruit and vegetables, and even ready-made tapas stalls; I'm a huge tapas lover. [www.boqueria.info](http://www.boqueria.info)



## SINGAPORE

For a funky-chic boutique experience, stay at the New Majestic Hotel in Chinatown. The hotel has trendy rooms and a glass-bottom pool; it's definitely a fun place to stay. Maxwell Road Hawker Centre has great food, and check out 28 HongKong Street, one of the city's best hidden bars. [www.newmajestichotel.com](http://www.newmajestichotel.com) and [www.28hks.com](http://www.28hks.com)



## TOKYO

Japan offers fantastic food that's fresh and healthy, and Les Creations de Narisawa is a favourite of mine. The two-Michelin-starred restaurant is ranked as one of the best in the world. It's completely unique, taking its diners on a journey through the elements. I particularly love the culture in Japan and the respect they have for seasonality. For a great place to stay, I would choose The Ritz-Carlton, Tokyo. [www.narisawa-yoshihiro.com](http://www.narisawa-yoshihiro.com) and [www.ritzcarlton.com/tokyo](http://www.ritzcarlton.com/tokyo)

## ALL ABOARD

Check out Jason Atherton's latest outpost in Hong Kong, 22 Ships - the 35-seat tapas restaurant recently opened at 22 Ship Street in Wan Chai.